

**Mental Health Board Minutes**  
**San Luis Obispo County**  
**March 16, 2011**  
**3:00 to 5:00pm**  
**2180 Johnson Ave.**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

Pam Crabaugh  
Karl Hansen  
Joyce Heddleson  
Jill Heuer  
Lisa Kelley  
David Odell  
David Riester  
Vicki Shelby  
Mary Lee Waggoner

**MENTAL HEALTH STAFF PRESENT:**

Karen Baylor  
Frank Warren  
Jane Ahlquist

**MEMBERS AND ALTERNATES ABSENT:**

Tyler Brown  
Kelly Kenitz  
Charmaine Quinlan  
Jim Salio

**GUESTS**

John Byers (*T-MHA/PA/AT*)  
Darryl Elliott (*T-MHA/PA/AT*)  
Jon Nibbio (*FCN*)  
Stephen Ponce (*T-MHA*)  
Denise Rea (*T-MHA*)

1. **Meeting** was called to order @ 3:00 pm by David Riester.
2. **Introductions and Announcements:**
  - Karen announced the FREE seminar (with 6 CEU's) at the Embassy Suites on March 21<sup>st</sup>, 2011 on "Anti-Gang Training", keynote speaker: Luis J. Rodriguez.
  - Denise Rea (T-MHA) reminded us of the Bowl-a-Thon taking place for the Crisis Hotline:
    - ✓ Pismo Beach: March 20, 25 & 27
    - ✓ Santa Maria: March 26<sup>th</sup>
  - For more information please contact: Lesta Travis 805-540-6527
  - Lisa Kelley from NAMI said that their Bowling Fund Raiser was a success. Everyone had a good time.
  - NAMI's Mental Health Awareness Walk is Saturday, May 21, 2011, beginning at 9:30am – Noon at Mitchell Park, come join us.
3. **Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. No comments.
4. **Action Item Re:** February 16, 2011, meeting minutes were reviewed and approved on motion by Jill Heuer and seconded by Lisa Kelley. MSC: (Heuer/Kelley)
5. **Presentation:** Frank Warren gave an update on the Innovation Plan which was approved by the OAC. MHSA funds will be used to implement the following eight new projects with many services expected to begin in Spring 2011. They were selected based on MHSA's required outcomes, general standards and the community's input and

priorities. Innovation represents a significant opportunity to engage new systems and gain knowledge around many difficult mental health system issues. The projects listed herein are:

- System Empowerment for Consumers, Families, and Providers
- Atascadero Student Wellness Career
- Older Adult Family Facilitation
- Nonviolent Communication
- Wellness Arts 101
- Warm Reception and Family Guidance
- Operation Coastal Care
- Multi-Modal Play Therapy Outreach Trail

The MHSA Annual Update for FY 2011-2012 has been released for a 30-day review. A public hearing will be held Thursday, April 14, 2011 at 3pm at the Health Agency Campus.

6. **Karen Baylor distributed a copy of the Health Agency FY 11-12 General Fund Support Reductions Form.** Karen discussed the cuts that affect mental health services ie: FCN – Therapeutic Behavioral Services; TMHA Social Rehab Services; and Martha’s Place. The Board of Supervisors will conduct Public Hearings on the budget in June. The Mental Health Board voiced an interest in having more input on the reduction list and in prioritizing services. Vicki Shelby suggested that the Mental Health Board present their points to the BOS before May. The Board asked the Children’s Services Committee and the Adult Services Committee to present impacts of these reductions at the next meeting. Further review of the proposed service reduction proposals will be an action item on next month’s agenda.

Karen announced that the Department of Mental Health (DMH) is downsizing and it is still unclear what the re-organization will look like. Karen updated the news on the proposal to realign California’s mental health system. Also, staff training is occurring on implementation of the Behavioral Health Electronic Health Record (BHEHR) system.

7. Action Item: Annual Report, David Riester. The Annual Report has been reviewed and David Riester has requested an amendment to item #2. Jill Heuer motion for the change and David Odell, seconded the motion. (Heuer/Odell). After corrections are made Karen Baylor will then send to the BOS.

8. Action Item: Review of Services – Joyce Heddleson. A motion was made for Adult Services Committee to review protocol per item of the “Review of Services,” report Joyce Heddleson approved the motion and David Odell seconded. (Heddleson/Odell)

9. Committee Reports:

- **Membership Committee:** There are 3 positions available on the Mental Health Board; 1. Consumer, 2. Family Member, 3. Community Member. We do have one candidate and would like to encourage all members to recruit for new members, especially diverse populations.
- **Children’s Services.** No report

- **Adult Services Policy Council Committee** are services provided for the community. This committee meets on the first Friday of each month from 9-11:00am.

**10. Meeting was adjourned.**

*Next Mental Health Board meeting will be Wednesday, April 20, 3:00pm – 5:00pm on the 2<sup>nd</sup> floor of the Health Campus.*

*Jane Ahlquist*